

To: G5 & G6 Parents
From: Dr Agnes Wai, Principal
Date: 12th October 2018

2018-19 Aquathon Race

To foster student's physical strength and endurance, our school is going to organize an Aquathon Race for G5 and G6 students. The details are as follows:

- Participants: G5 & G6 students
Date: G5 – 25th October 2018 (Thursday)
G6 – 26th October 2018 (Friday)
Time: 1:40 pm – 3:00 pm
Venue: School Swimming Pool and Football Field
Events: 200 m swimming + 1 km running (8 laps of football field)
Awards: Medals will be given to the 1st to 6th boys and girls of each grade
Remarks: On the Race day,
1. Normal lessons will be as usual in the morning and the race will commence after lunch.
2. Please bring along the swimming gear, an extra house T-shirt and running shoes.
3. Lessons and ECAs will be as usual after the race.

Please encourage your child participate in the race and **complete the reply slip in our School app by 19th October 2018 (Friday)**. Should there be any queries, please feel free to contact Miss Carol Chan on 2813 8410.

五、六年級水陸鐵人賽

為幫助學生建立活躍及健康的運動習慣，學校將為五、六年級舉辦水陸鐵人賽。詳情如下：

- 日期： 五年級 – 十月二十五日（星期四）
六年級 – 十月二十六日（星期五）
時間： 下午一時四十分至三時正
地點： 學校游泳池及足球場
賽事： 學生須連續地完成 200 米游泳及 1 公里跑（八個足球場圈）
獎項： 每級男、女子組首六名將會獲得獎牌
備註： 比賽當日：
1. 上午正常上課，賽事將於午飯後舉行；
2. 須帶備游泳用品、一件體育服及跑鞋作賽；
3. 比賽結束後，學生將繼續上課，課外活動亦將如上舉行

敬請家長鼓勵 貴子弟參與是次比賽，並於十月十九日（星期五）或之前填妥本校手機程式內之回條。如有任何查詢，請致電 2813 8410 與陳家樂老師聯絡。

以上通告
五、六年級家長

校長
衛燕華博士

二〇一八年十月十二日