



To: All Parents
 From: Dr Agnes Wai, Principal
 Date: 6th September 2019

Notice No.11
Swimming Gala

Our annual Swimming Gala will be held on 27th September 2019 (Friday) from 8:30 am at the School swimming pool. Please note the following:

1. Day students are to arrive at School before 8:10 am (in proper house uniform, participants should bring necessary swimming gear).
2. Please put name-tag with name and class on student's school uniform and swimming gear.
3. The events will end at 4:45 pm. School buses will leave the School at 5:00 pm. Parents are reminded to pick up their child at the appropriate time.
4. Lunch will be provided by the School for those covered by the school catering service, others have to bring their own lunch.
5. **30th September 2019 (Monday) will be a discretionary holiday after the Swimming Gala.**
6. **In case of adverse weather, students will stay in the classrooms for normal lessons and school will end at 3:20 pm. The Swimming Gala will be postponed to 30th September 2019 (Monday) and there will be no discretionary holiday after the event.**

Details of the 2 × 50 m MaMa-child and BaBa-child Relay:

Groupings:	Group C	for	G1, G2 students and their dad / mum
	Group B	for	G3, G4 students and their dad / mum
	Group A	for	G5, G6 students and their dad / mum
Time:	Group C (G1-2)	12:00 noon	Group A and B (G3-6) 3:30 pm
Stroke:	Any style		
Format:	2 × 50 m relay, team composed of a student and his / her parent		

If parent or child would like to join the Swimming Gala, ***please complete the enrollment form on our School app by 11th September 2019 (Wednesday)***. (Students can join a maximum of 2 single events and 1 parent-child relay). Once the enrollment of the parent-child relay is complete, the teacher-in-charge will contact the participants in due course. In case of any inquiries, please contact Miss Carol Chan on 2813 8410.

According to the 2016 Safety Guidelines on Physical Education Key Learning Area for Hong Kong Schools*, the depth of the school swimming pool near the diving stand should be more than 1.2 m. Therefore, swimmers will not be allowed to dive during the competition.

* Updated in 2016 Safety Guidelines on Physical Education Key Learning Area for Hong Kong Schools, Chapter 11, Point 2 (For a surface dive or backstroke start, the depth of water must be 1.35m or above.....)



通告第十一號 水運會

本校一年一度之水運會將於九月二十七日（星期五）上午八時三十分假本校游泳池舉行，歡迎各家長蒞臨參觀，並請注意下列事項：

1. 走讀生須於當天上午八時十分前回校（穿著整齊四大隊運動服，參賽者須帶備游泳用品）。
2. 學生須於其衣物及所有游泳用品上加上姓名及班別。
3. 水運會將於下午四時四十五分結束，校車將於下午五時正由學校開出，請家長依時接領貴子弟回家。
4. 在校搭午膳之學生將由校方供應午膳，其他同學則須自備午膳。
5. **九月三十日（星期一）為水運會補假。**
6. **如因天氣關係水運會未能如期舉行，學生將留在課室上課至 3:20 pm 放學；水運會將延期至九月三十日（星期一）舉行，並不設補假。**

「2×50 米親子爸爸及親子媽媽接力賽」詳情如下：

組別： C 組： 一、二年級學生及其爸爸／媽媽；

B 組： 三、四年級學生及其爸爸／媽媽；

A 組： 五、六年級學生及其爸爸／媽媽；

比賽時間： C 組（一、二年級）：12:00 noon A 組及 B 組（三至六年級）：3:30 pm

泳式： 不限

比賽形式： 2×50 米接力賽，由家長一人及學生一人組成一隊（男、女家長分組作賽，參與學生則不限性別）

學生或家長如欲參與比賽，請於**九月十一日（星期三）或之前填妥本校手機程式內之報名表**（學生最多可參加兩個個人項目及一項親子接力賽）；本校將於收到親子接力賽報名後與家長接洽。如有查詢，請致電 2813 8410 與陳家樂老師聯絡。

根據教育局 2016 年之香港學校體育安全指引*，本校泳池近起跳區水深 1.2 米，故所有參賽者不可跳水。

以上通告
一至六年級家長

校長
衛燕華博士

二〇一九年九月六日

* 教育局 2016 年更新之香港學校體育學習領域安全指引第 11 章 3.2 節 「安排學生作淺插式跳水或進行背泳起步練習時，泳池水深須在 1.35 米或以上……」