

Nov 3rd to 28th



BREAKFAST WEEKLY MENU



MONDAY 3rd

TUESDAY 4th

WEDNESDAY 5th

THURSDAY 6th

FRIDAY 7th

BREAKFAST

Western

Egg salad sandwich with Strawberry High-Calcium Low-Fat Yogurt
蛋沙律三文治配士多啤梨高鈣低脂乳酪

Chinese

Creamy Corn and Shredded Chicken Noodle Soup, Twist Bun
忌廉粟米粒雞絲湯麵,扭紋餐包

MONDAY 10th

TUESDAY 11th

WEDNESDAY 12th

THURSDAY 13th

FRIDAY 14th

Western

Bacon , Scrambled Egg and Hash Browns with Soft Bread
煙肉,炒滑蛋配薯餅早餐包

Chinese

Minced Meat and lettuce Congee & Soy Sauce Fried Noodles
生菜肉碎粥 配豉油王炒麵

MONDAY 17th

TUESDAY 18th

WEDNESDAY 19th

THURSDAY 20th

FRIDAY 21st

Western

Pancake with Pork Patties with Soft Bread
熱香餅配豬柳扒,早餐包

Chinese

Noodles with Fried Bean Sauce ,Steam Pork Bun
炸醬湯麵 配 叉燒包

MONDAY 24th

TUESDAY 25th

WEDNESDAY 26th

THURSDAY 27th

FRIDAY 28th

Western

Milk Oatmeal with Fruit Salad
牛奶麥皮配 新鮮生果沙律

Chinese

Tomato and Diced BBQ Pork Noodles Soup with Twist Bun
叉燒粒蕃茄湯麵配扭紋餐包