

chartwells

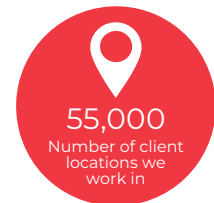
serving up happy & healthy



Compass Group PLC is a British multinational contract foodservice company. We are the largest contract foodservice company in the world. Millions of people around the world rely on us every day to provide delicious nutritious food at every type and size of location.

Compass Group Hong Kong Limited, established since 1994, and we have set significant footmark in the Education, Business & Industry, Healthcare segments under the brand names of CHARTWELLS, EUREST, AND MEDIREST respectively.

Chartwells in Hong Kong is currently serving in over 30 International and local schools and universities; having strong partnerships with vendors, NGOs and local community groups to provide not just food and café service, but also supporting and managing our client's major events every year.



Chartwells at St. Stephen's College Preparatory School

For more than a quarter of a century, Chartwells has focused on helping young people build strong bodies and sharp minds around the world. To Eat, Learn and Live. We don't just want children to eat our food ... we want them to LOVE it. Our nutritionists and chefs go to great lengths to create food that looks good, tells a story and is in tune with the latest trends.

Our meals are prepared and cooked every morning, on campus, and served hot and fresh to the students at St. Stephen's College Preparatory School. We have a

strict sourcing policy for our ingredients, with focus on food safety, to ensure that the food we serve is from a reliable and trustable source with traceability.

In this newsletter, you will find some basic information about our services with the school and some frequently asked questions parents and students usually have at the beginning of the school term. Thank you for choosing Chartwells. We look forward to serving you in the new school term.



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Find more about Chartwells



Subscribe to our e-newsletter



Beyond the Chartwells Kitchen

Engaging students' senses through fun educational programs such as Global Eats, nutrition talks & chef workshop.



Safety is our No.1 priority!

Maintaining the highest standard of food hygiene, safety and allergen handling for all stakeholders.



Healthier Community

Taking care of our environment & recognizing the impact of our action – responsible sourcing, food waste & plastic reduction.



Happy People

Creating a happy and healthy environment for students begins with our people!



Chartwells Food Policy

MSG is prohibited in all our cooking processes

- Nuts FREE
- Only from audited or qualified sources
- Daily fresh pastry items
- Daily assorted fresh salad
- International cuisines (Chinese & Western food)
- Developing tasty, creative, nutritious recipes that appeal to students
- Quality ingredients
- Daily GREEN (vegetarian) items
- Healthy Cooking Practices (less oil, low salt & sugar)
- Use of natural flavour enhancers
- Healthy snack options

Chartwells Nutritionist

Chartwells feels it is our responsibility to have a nutritionist to answer parents, students and teachers' concerns in a professional manner.

The education sector has specific, exact requirements. Experts agreed that children and adolescents need a varied and a nutritious diet for both physical and intellectual development.

The Department of Health has recorded a rising trend of obesity among primary school students. As a responsible caterer, we care for our children's health. We are committed to provide high quality food to meet the nutrient needs of our students.

The role of our Nutritionist to schools

- Leading health engagement activities
- Healthy Promotion and Prevention
- Menu Planning with healthy choices
- Provide health talks, health seminars

